Research with Mathematical Models

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2. An Epidemiology Primer

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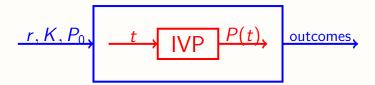


1.1 Models as Functions of Parameters

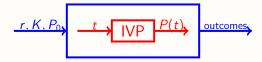
How do we view the model

$$\frac{dP}{dt} = rP\left(1 - \frac{P}{K}\right), \quad P(0) = P_0 > 0, \qquad r, K > 0$$

- Narrow view: Initial value problem for P(t), with parameters r, K, and P_0 .
- **Broad** view: Function that maps parameters r, K, and P_0 to outcomes.



1.1 Models as Functions of Parameters



- Narrow view: Math problem with fixed parameters.
- The narrow view is used to determine the outcomes.
 - Narrow view questions are trivial: "Given K=10, R=1, and $P_0=1$, when does the population reach P=5?"
- Broad view: Outcomes as functions of parameters.
- The important questions are in the broad view.
 - Do solutions with any initial condition always approach *K*?
 - At what point is the population growth the fastest?

1.2 Model Design: Choosing Outcomes

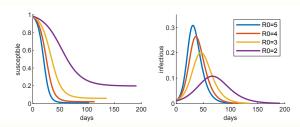
- Maximum number of new infections?
- Maximum number of hospitalizations per million? (compared to an average of 2800 hospital beds per million)
 - Serves as a measure of the stress on the health care system
- Percent deaths? (0.06% is 200,000 people)
 - Serves as a measure of the human cost.
- Final fraction of susceptibles?
 - Serves as a measure of the risk of a new outbreak
- Times for any of these events?

1.2 Model Design: Asking and Addressing Questions

- Models must be designed to answer specific questions.
 - If we want to know the impact of COVID-19 on health care resources, we need to modify the SEIR model to track hospitalizations and/or ICU patients.
- Some common question types:
 - Is a specific claim supported by modeling or not?
 - What effect does parameter x have on outcome y?
- Strategies for addressing questions
 - Run simulations for several values of a parameter and compare simulation plots.
 - Calculate an outcome y for a large set of values of parameter x and plot y vs x.

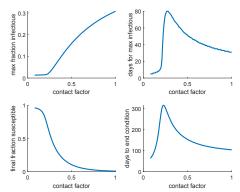
1.2 Simulations

- ► Simulations require known parameter values.
 - Plots show model behavior.
 - Results only guaranteed to apply to the specific parameter set.
 - Multiple simulations can help us understand the generality of the results and the effects of the parameters.



1.2 Parameter Studies

- Parameter studies systematically explore the impact of a parameter on one or more outcomes.
 - They show outcome vs parameter, not individual simulation results.



1.3 Reporting Results and Answering Questions

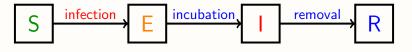
- Graphs must be informative and not misleading.
 - No negative values for populations or parameters.
 - Axes must be labeled.
 - Sometimes multiple curves on the same axes are more informative than multiple graphs.
 - Measured data should be plotted as points; simulation results should be plotted as dot-to-dot 'curves'.
- Answers to math questions are often numbers or formulas. Modeling questions require verbal answers, supplemented with visual aids.
 - 'The graph goes up and then comes down' is merely a
 description. An explanation connects to the real world scenario
 and offers a reason for the observed results.

2.1. Class Structure

- ► Individuals in a population are divided into classes. These can vary from one model to another. Examples:
 - S: Susceptible can be infected
 - E: Exposed infected but not infectious
 - I: Infectious can transmit the disease to susceptibles
 - R: Removed no longer infectious
- Sometimes the names are misleading.
 - 'Exposed' should be 'Latent'
 - Removed includes people who are still sick and may include people who are deceased
- Models are designated by the class structure: SIR, SIS, SEIR, SEAIR. SEAIRHD etc

2. Processes

- Processes move individuals from one class to another.
 - Some models have processes that bring individuals into or out of the system.
- Example: Basic SEIR model



is

is

is

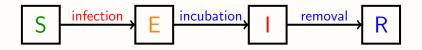
is

- \circ Rate of change of S
- Rate of change of E
- Rate of change of I
- \circ Rate of change of R

- infection
 - infection incubation
- incubation removal
 - removal

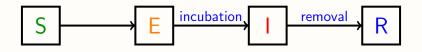
2. Processes – Two Types

Processes are either transmissions or transitions.



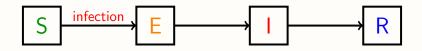
- Transmissions require interaction with another class.
 - Susceptibles are infected by Infectives.
- Transitions happen without any interaction.
 - Incubation of Latent (E) individuals and removal of Infectious individuals happen spontaneously.

2.2 Processes – Transitions



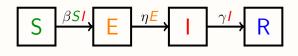
- ► Transition rates are usually assumed to be proportional to the **leaving** class
 - incubation rate = constant $*E = \eta E$
 - removal rate = constant $* I = \gamma I$
- ► Rate constants are reciprocals of average time in class.
 - Average removal time 10 days $\rightarrow \gamma = 0.1$

2.2 Processes – Transmissions



- ► Transmission rates are proportional to the **leaving** class size
 - infection rate = force of infection $*S = \lambda S$
- ► The force of infection is proportional to the **transmitting** class total(s) (just Ifor SEIR)
 - force of infection = constant $*I = \beta I$
- ▶ The infection rate is $\beta I * S = \beta SI$

2.2 Summary – SEIR epidemic model



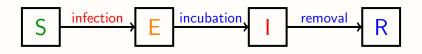
$$S' = -\beta SI$$

 $E' = \beta SI - \eta E$
 $I' = \eta E - \gamma I$
 $R' = \gamma I$

- ▶ Let N = S + E + I + R. Then N' = 0, so N is constant.
 - The R equation is not needed because R = N S E I.

2.3 Time Frames – Epidemic

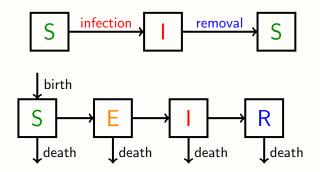
- Epidemic models have no means for replenishment of susceptibles.
 - These do not have births or natural deaths, so they are intended only for short time intervals (up to a few years).



Including deceased individuals as 'Removed' makes the total population constant, which simplifies the model.

2.3 Time Frames – Endemic

- Endemic models have some means for replenishment of susceptibles.
 - The focus of analysis is on determining long term behavior.



2.4. Basic Reproduction Number

- **Basic reproduction number** \mathcal{R}_0 : the average number of secondary infections caused by one primary infective in a fully susceptible population.
 - \circ $\mathcal{R}_0 > 1$ is needed to start an epidemic.
- ▶ The total number is the average rate times the average time.
- Calculation of average transmission rate:
 - Recall that the **transmission rate** is βSI
 - Transmission rate **per infective**: βS
 - \circ Rate per infective in a fully-susceptible population: βN

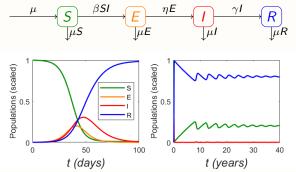
2.4. Basic Reproduction Number

- Basic reproduction number R₀: transmission rate per infective in a fully susceptible population multiplied by average time in the Infectious class.
- ► Average transmission rate: βN
- ► Calculation of average time:
 - Recall that the **removal rate** is γI .
 - The average time is $1/\gamma$.

$$\mathcal{R}_0 = \beta N \cdot \frac{1}{\gamma} = \frac{\beta N}{\gamma}.$$

▶ Other diseases (like COVID-19) can be more complicated.

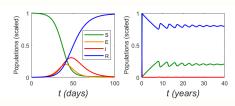
2.5 Typical Disease Model Behavior



- ▶ The plot on the left shows the initial epidemic.
 - With the chosen parameters, $E + I \approx 0.5$ at peak.
- ► After the epidemic, *S* slowly grows to about 0.25.
 - This triggers a new wave.
- Eventually, the disease becomes an endemic childhood disease.



2.5 Two Time Scales



- ► The fast time scale (days) shows the epidemic phase.
 - Demographic changes are negligible.
 - Plots on the fast time scale show no clue to endemic behavior.
 - Infectious population fractions are significant.
- ▶ The slow time scale (years) shows the long-term behavior.
 - Both demographics and disease processes are important.
 - On the slow scale, the epidemic behavior appears at t = 0.
 - Infectious populations are very small.

3.1 Autonomous Systems and Equilibria

3.1 Autonomous Systems

➤ An **autonomous system** is a system of differential equations in which the derivatives are functions of the state of the system, and not the time:

$$S' = -\beta SI$$

$$I' = \beta SI - \gamma I$$

$$R' = \gamma I$$

Seasonality makes a system non-autonomous:

$$S' = -\left(\beta + \delta \sin \frac{2\pi t}{365}\right) SI$$
 $I' = \left(\beta + \delta \sin \frac{2\pi t}{365}\right) SI - \gamma I$
 $R' = \gamma I$

3.1 Equilibria of Autonomous Systems

▶ An **equilibrium point** for an autonomous system is a point where the derivatives are all 0.

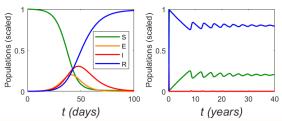
$$0 = S' = 1 - S - \mathcal{R}_0 SI$$
$$0 = I' = (\mathcal{R}_0 S - 1)I$$

- There is a disease-free equilibrium (DFE) that has I = 0 and an endemic disease equilibrium (EDE) that has I > 0.
 - The DFE is $I^* = 0$, $S^* = 1$.
 - $\quad \text{o The EDE is} \quad \textit{\textbf{S}}^* = \mathcal{R}_0^{-1}, \quad \textit{\textbf{I}}^* = 1 \mathcal{R}_0^{-1}.$
- The DFE always exists; the EDE requires $\mathcal{R}_0 > 1$.

3.1 Autonomous Systems and Equilibria

3.1 Stability of Equilibria

- ► Each equilibrium point in the state space corresponds to an equilibrium solution of the system.
- ► Equilibria can be (asymptotically) stable or unstable, depending on regions in the parameter space.
 - Over time, most systems tend toward a stable equilibrium.
 - ▶ The EDE for the endemic SEIR model is stable whenever it exists $(\mathcal{R}_0 > 1)$.



3.2 The Jacobian Matrix

- ► Near each equilibrium, the system is represented by a different matrix, called the Jacobian.
- The Jacobian is the matrix of partial derivatives of the DE functions.

$$X' = \Gamma(bSY - \rho X)$$
$$Y' = \Gamma(\rho X - Y)$$
$$S' = 1 - S - bSY$$

$$J(X, Y, S) = \begin{pmatrix} -\rho \Gamma & bS\Gamma & bY\Gamma \\ \rho \Gamma & -\Gamma & 0 \\ 0 & -bS & -(1+bY) \end{pmatrix}$$

☐3.2 Asymptotic Stability

3.2 The Jacobian Matrix

$$J = \begin{pmatrix} -\rho \Gamma & bS\Gamma & bY\Gamma \\ \rho \Gamma & -\Gamma & 0 \\ 0 & -bS & -(1+bY) \end{pmatrix}$$

$$J_{DFE} = \left(egin{array}{ccc} -
ho \Gamma & b \Gamma & 0 \\
ho \Gamma & -\Gamma & 0 \\ 0 & -b & -1 \end{array}
ight)$$

$$J_{EDE} = \left(egin{array}{ccc} -
ho \Gamma & \Gamma & b Y \Gamma \\
ho \Gamma & -\Gamma & 0 \\ 0 & -1 & -(1+b Y) \end{array}
ight)$$

where $Y = 1 - \mathcal{R}_0^{-1}$

▶ Tip 1: Better to have extra symbols than messier formulas.

└3.2 Asymptotic Stability

3.2 Stability Example

$$J_{DFE} = egin{pmatrix} -
ho \Gamma & b \Gamma & 0 \
ho \Gamma & -\Gamma & 0 \ \hline 0 & -b & -1 \ \end{pmatrix}$$

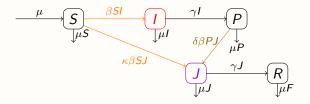
- Stability requires all eigenvalues to have negative real part.
- ► The block structure decouples the eigenvalue problem.
 - One eigenvalue is -1 < 0.
 - The other submatrix has trace $-(\rho+1)\Gamma < 0$ and det $J = \rho \Gamma^2 (1-b)$. Stability (for 2×2 matrices) requires negative trace and positive determinant.
 - The DFE is stable if and only if b < 1.

4.1 A Research Problem Inspired by COVID-19

- ▶ Biological question: Why did the omicron COVID-19 variant displace the delta variant so quickly?
 - 1. It could be more contagious.
 - 2. It could have advantages that offset being less contagious.
- ► Research Question: What features would a less contagious disease need to outcompete a more contagious one?
- Research Plan: Add a second variant to the simplest endemic disease model.
 - Make the new variant less contagious to (S)usceptibles.
 - But give it some compensatory advantage.
 - Inspiration from COVID-19: Maybe immunity to the original variant doesn't protect against the new variant.

4.1 Problem Development

4.1 Variant Competition Model



- ▶ Population is constant with equal birth and death rates (μ) .
- lacktriangle Both variants have the same mean recovery time $(1/\gamma)$.
- ▶ The invader (J) is less contagious to Susceptibles ($\kappa < 1$).
- Recovery from I confers at most partial immunity against J. $\circ \ \delta < \kappa < 1$.

4.1 Variant Competition Model Equations (*T* is time)

$$\frac{dI}{dT} = -(\gamma + \mu)I + \beta SI
\frac{dJ}{dT} = -(\gamma + \mu)J + \kappa \beta SJ + \delta \beta PJ
\frac{dS}{dT} = \mu(1 - S) - \beta SI - \kappa \beta SJ
\frac{dP}{dT} = \gamma I - \mu P - \delta \beta PJ
1 = S + I + J + P + R$$
(1)

Parameters and Scaling:

$$\epsilon = \frac{\mu}{\gamma + \mu} \ll 1, \quad b = \frac{\beta}{\gamma + \mu} > 1, \qquad t = \mu T \Rightarrow \frac{d}{dT} = \mu \frac{d}{dt}.$$

- ϵ is the ratio of disease duration $1/(\gamma + \mu)$ to lifespan $1/\mu$.
- b is the basic reproduction number for the resident (1).
- $t = \mu T$ selects the slow time scale.

4.1 Scaling Example: The S Equation

$$\frac{dS}{dT} = \mu(1 - S) - \beta SI - \kappa \beta SJ$$

$$\epsilon = \frac{\mu}{\gamma + \mu} \ll 1, \quad b = \frac{\beta}{\gamma + \mu} > 1, \qquad t = \mu T \Rightarrow \frac{d}{dT} = \mu \frac{d}{dt}.$$

► Substitute $\mu \frac{d}{dt}$ for $\frac{d}{dT}$:

$$\mu \frac{dS}{dt} = \mu (1 - S) - \beta SI - \kappa \beta SJ$$

▶ Divide by μ (note $\frac{\beta}{\mu} = \frac{b}{\epsilon}$):

$$\frac{dS}{dt} = (1 - S) - \epsilon^{-1} bS(I + \kappa J)$$

4.1 Rescaling Infectious Populations

$$\frac{dS}{dt} = (1 - S) - \epsilon^{-1}bS(I + \kappa J)$$

- ► This scaling is fine for simulations.
- ► For analysis, long-term behavior with $\epsilon \to 0$ and other parameters/variables O(1) should make sense.
 - Here, $\epsilon \to 0$ reduces the *S* equilibrium equation to

$$bS(I + \kappa J) = O(\epsilon) \Rightarrow I, J = O(\epsilon).$$

• I and J should be rescaled with $I = \epsilon Y$ and $J = \epsilon Z$.

$$\frac{dS}{dt} = (1 - S) - bS(\frac{Y}{T} + \kappa Z)$$

This correctly implies that all terms are equally important.

4.1 Problem Development

4.1 Final (Rescaled and Approximate) Model

$$Y' = \Gamma Y(-1 + bS)$$

$$Z' = \Gamma Z(-1 + bQ)$$

$$S' = 1 - S(1 + bX)$$

$$P' = Y - P - \delta bPZ$$
(2)

where

$$X = Y + \kappa Z$$
, $Q = \kappa S + \delta P$, $\Gamma = \epsilon^{-1}$. (3)

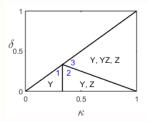
- Y is the resident and Z is the invader.
- Tip 2: Better to have extra symbols than messier formulas!

4.2 Mathematical Agenda

- Our research began with a biological question. This led to a model. For the analysis, we need a mathematical agenda.
- We have three principal parameters, b, κ , δ .
 - Larger b makes both variants more contagious in general.
 - Larger κ decreases the advantage of I for infecting S.
 - Larger δ decreases the value of immunity from I against J.
- ▶ Mathematical question: How do the values of κ and δ affect the competition between variants?
- Strategy: Pick a value of b. Determine the regions in the $\kappa\delta$ plane that produce different outcomes.
 - 1. Identify possible end states in different regions of the $\kappa\delta$ plane.
 - 2. Determine which are stable in each region.

4.2 Endemic Equilibria (all require b > 1)

- ► There are three possible endemic equilibria
 - 1. A resident-only equilibrium (EDE-Y)
 - 2. An invader-only equilibrium (EDE-Z)
 - 3. A coexistence equilibrium (EDE-YZ)
- ▶ The plot shows existence regions for b = 3.
 - The letters indicate which equilibria exist in each region.

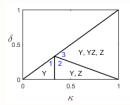


4.2 Details for EDE-YZ

- ▶ Define w = bW for $W \in \{Y, Z, S, P\}$.
- ▶ The equations decouple to give s, p > 0 and

$$\delta z = \delta(b-1) - (1-\kappa),$$
 $y = (b-1) - \kappa z.$

- ightharpoonup z < 0 in regions 1 and 2. y > 0 in all regions \Rightarrow
 - EDE-YZ exists in region 3.



4.2 The Jacobian

The Jacobian for the YZSP system is

$$J = \begin{pmatrix} -(1-s)\Gamma & 0 & y\Gamma & 0\\ 0 & -(1-q)\Gamma & \kappa z\Gamma & \delta z\Gamma\\ -s & -\kappa s & -\bar{x} & 0\\ 1 & -\delta p & 0 & -\Sigma \end{pmatrix}, \tag{4}$$

where

$$x = y + \kappa z$$
, $q = \kappa s + \delta p$, $\Sigma = 1 + \delta z$, $\bar{w} = w + 1$ $(\forall w)$.

▶ Tip 3: Better to have extra symbols than messier formulas!!

4.2 Stability for the DFE

▶ The Jacobian for the disease-free equilibrium simplifies to

$$J_{DFE} = \begin{pmatrix} -(1-b)\Gamma & 0 & 0 & 0 \\ 0 & -(1-\kappa b)\Gamma & 0 & 0 \\ -b & -\kappa b & -1 & 0 \\ 1 & 0 & 0 & -1 \end{pmatrix}$$

ightharpoonup The matrix is lower triangular \Rightarrow the eigenvalues are

$$(b-1)\Gamma$$
, $(\kappa b-1)\Gamma$, -1 , -1 .

- ▶ The DFE is stable when b < 1 (recall $\kappa < 1$).
 - The basic reproduction numbers are **b** for **Y** and $\kappa b < \mathbf{b}$ for **Z**.

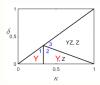
4.2 Problem Analysis

4.2 Stability for EDE-Y

 J_Y is similar to the block matrix

$$\begin{pmatrix} -(1-q)^{\intercal} & 0 & 0 & 0 \\ \hline 0 & 0 & y^{\intercal} & 0 \\ \hline -\kappa & -1 & -b & 0 \\ \hline -\delta p & 1 & 0 & -1 \end{pmatrix} \quad \begin{matrix} p=b-1>0 \\ q=\kappa+\delta p \end{matrix}$$

- ▶ Two of the eigenvalues are $(q-1)\Gamma$ and -1.
 - Stability requires q < 1, which rules out region 3.
- ▶ More work shows Y is stable in regions 1 and 2.

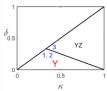


4.2 Stability for EDE-Z – eigenvalue λ_1

 $ightharpoonup J_Z$ can be written in block form:

$$J_Z = \left(\begin{array}{c|c} -(1-s) \hline & 0 \\ \hline & \ddots & J_{234} \end{array}\right), \quad J_{234} = \left(\begin{array}{ccc} 0 & \kappa z \hline & \delta z \hline \\ -\kappa s & -\bar{x} & 0 \\ -\delta p & 0 & -\Sigma \end{array}\right)$$

 $\lambda_1 = (s-1)\Gamma = \cdots > 0 \implies \text{EDE-Z}$ is never stable.



- The resident always persists for this model (b > 1).
- But maybe the variant can also. (:)

└4.2 Problem Analysis

4.2 Stability for EDE-YZ

The Jacobian for EDE-YZ is

$$J_{YZ} = \left(egin{array}{cccc} 0 & 0 & y & 0 & 0 \ 0 & 0 & \kappa z & \delta z & \delta z \ -1 & -\kappa & -b & 0 & 0 \ 1 & -\delta p & 0 & -\Sigma \end{array}
ight)$$

- ► There is no decoupling. 🙁
- 1. How do we manage a 4×4 characteristic polynomial?
- 2. How do we find Routh-Hurwitz stability conditions for a 4×4 characteristic polynomial?

4.2 Stability Results for EDE-YZ

A LOT of algebra eventually yields a single stability requirement for EDE-YZ:

$$b\Sigma\zeta^2 > \delta\xi(b+\Sigma)^2$$
,

where

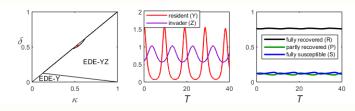
$$\Sigma = \delta x + \kappa, \quad \zeta = \delta x - (\kappa + \delta)\pi, \quad \xi = \kappa \pi (1 + \pi),$$

$$\delta p = 1 - \kappa, \quad x = b - 1, \quad \delta z = \delta x - \delta p, \quad \pi = (\delta p)(\delta z).$$

- Given a value of b, we can plot the stability region in the $\kappa\delta$ plane.
- ▶ Tip 4: Better to have extra symbols than messier formulas!!!

└ 4.2 Problem Analysis

4.2 The End of the Story



- ► Hacker's Challenge: Without the plot on the left, try to find a limit cycle like the one here.
 - With b = 8 (shown here), the probability is 0.007. With b = 3, it is only 0.003.

4.3 Conclusions

- 1. We did not achieve the goal of finding a scenario in which a less infectious variant could replace a more infectious one.
- 2. We did find some surprising results. \odot
- 3. For our next try, we need to give the variant an additional advantage.
 - Loss of immunity for the fully recovered does the job.
- 4. It is much better to have extra symbols than messier formulas. (2)